



Occupational Therapy (OT) promotes functional independence for children, teens, and adults who are dealing with the effects of disease, illness, injury, disability, or developmental delays. Occupational therapists are experts in assessments and interventions of the whole person which includes cognitive, affective, physical and spiritual whereby the person is “embedded within the environment to indicate that each individual lives within a unique environmental context” (Townsend & Polatajko, 2007, p23) and occupation (everyday activities) connects the person and environment. The OT can also determine if the intervention should be either compensatory or rehabilitative which has an underlying assumption that skills develop in a chronological order and that foundational skills are needed for future skills to develop (Pratt and Allen, 1989).

OT's can offer cognitive testing to look at attention, memory, executive functioning (planning, organization, impulsivity) as well as sensory issues that all can affect functioning in daily activities including school and work performance. Treatment involves teaching strategies and giving recommendations on accommodations in the classroom, work, and/or home but more importantly occupational therapy can provide rehabilitation to help the brain get stronger so that the person can improve attention, memory, sensory, and executive functioning skills.

The price list below indicates treatment costs

Initial Assessment	Open file (admin fee )	\$30
	General interview, Standardized testing (1hr*)	\$120
	Neurofeedback baseline qEEG	\$350
Brain function testing	Brain FX assessment (10 yrs or older for ADHD, concussion, FASD, etc)	\$425 - \$600
	Report	\$120 - \$200
Follow-up sessions		1hr* - \$120 45min*- \$90 30min* - \$70 15min - \$40 (Usually phone)
	Sensory Intervention session	\$135
	Neurofeedback training	\$135 per session (first 10 sessions) \$120 session 11+
Summary Report Full Written Report		\$150 - \$200
		\$300 - \$500

A session that is 90 mins long would be 1hr rate plus the 30min rate = \$190

*\*Please note that this time includes therapist time for writing a progress note which means that face to face is 5-10 minutes less. Standardized testing requires more paperwork to tabulate results.*

Usually visits are at one of clinic locations. If a home visit is required or requested - travel time is billed at half price of the session time as indicated above. Time is rounded up to nearest 15min increment. (at discretion of therapist) Ex – 30 min travel time (with or without traffic) = \$30



An OT evaluation can last up to 4- 6 hours (over multiple visits). Additional time is required for a report to be written. At this point, a discussion of findings is done with the parents. Recommendations and a home program are given. Extra therapy time may be warranted and will be charged accordingly based on the price list.

Lisa's Holistic Rehab offers cutting edge therapies that may have an additional fee to hourly rate. Examples would include:

- Rental of a listening system (if available) \$150 - plus tax per month for about 6-9 months and \$50-per month for online music access.
- Sensory integration therapy in multisensory room - \$135 per session
- Berard AIT sessions - \$1700
- Cellfield – dyslexia/ reading disability program – Phase 1- \$2250 and Phase 2 - \$720
- FastForward (10 months) - reading disability program - \$1800 to start plus \$300 per additional level (7 extra)
- SciLearn Reading assistant - \$600
- Colorimetry Assessment \$350 (and report if needed - \$150)
- Spectral filters – starting at \$300
- Brain timing Unit- \$1200 for equipment and OT follow-up
- Sensory Enrichment Therapy home program - \$350 plus tax for home kit plus \$100 per month for about 3-6 months
- Visual training game - \$60 + tax
- Cognitive training workbooks - \$25 + tax
- Wilbarger brush - \$20 +tax

Cancellation fees:

24 hours' notice or more	No charge
Less than 24 hours' notice	\$50
No show (no call or email)	full charge of scheduled visit length

Payment by cash or cheque accepted immediately after session.

NSF cheques will be charged an additional \$25 admin fee. Payment by credit card will incur an extra \$3.00 charge.

I accept these terms as outlined in attached price list.

\_\_\_\_\_  
Print name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

Pratt, P.N., and Allen, A.S. (1989). The role of occupational therapy in pediatrics. In Occupational Therapy for Children, St Louis Missouri: The C.V. Mosby Company.  
Townsend, E., & Polatajko, H. (2007). Enabling occupation II: Advancing occupational therapy vision for health, well-being and justice through occupation. Ottawa, ON: CAOT Publications ACE.

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